Health Literacy Resources

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Health Literacy Place

http://www.healthliteracyplace.org.uk
Online learning tools and support

NHS Education for Scotland explored the potential for a short online introduction to health literacy to be made available on a range of learning platforms including Learnplus and Moodle.

This eLearning package is now available at https://sen.scot.nhs.uk/1446/elearning/digita/health-literacy-tools-and-techniques

There are other online learning courses available from various other parts of the world. It should be noted that these courses are not necessarily endorsed by NHS Education for Scotland or the Scottish Health Literacy Groups. You may also wish to consider issues when transferring learning to a Scottish setting dependent on the context.
SSSC – Open Badges

https://www.badges.sssc.uk.com/badges/what-is-health-literacy/
Going in the Right Direction Toolkit

https://www.alliance-scotland.org.uk/blog/resources/gothing-right-direction-toolkit/

https://www.nhsinform.scot/
Case studies

Case studies from Scotland

There is a variety of work taking place in Scotland across all sectors which contributes to health literacy. While these initiatives may not always be "badged" as health literacy they still support positive health literacy outcomes and support the work of the national action plan. Below are links to a selection of case studies using the related resources links. You can access all case studies through the Resource Library by selecting the case study option from the search options.

http://www.cilips.org.uk/advocacy-campaigns/campaigns/the-right-decision/
Librarians
Printed material

Available on Health Literacy Place and from knowledge@nes.scot.nhs.uk
Web2Print

- [http://print.healthscotland.com/home](http://print.healthscotland.com/home)
- new resource:

  ![Teach-back technique](image)

  **Teach-back technique**

  Improving communication | Improving patient safety
  Improving self management | Improving health literacy

  Clear communication is essential for effective healthcare relationships and patient safety. Yet patients remember and understand less than half of the information they are given.

  Poor understanding can lead to serious health problems.

  Simply asking "is that clear?" or "have you understood everything?" doesn’t work.

  Use teach-back, it’s an easy and effective way to check patients understanding.

  NHS SCOTLAND

  - To join: [nhs.healthscotland-web2print@nhs.net](mailto:nhs.healthscotland-web2print@nhs.net)
Improving health postcard
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Teach-back technique

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A6 double-sided postcard
Up to 300: £25 • 400: £28 • 500: £32.
Please note above price excludes delivery. If PDF required: £15.
Minimum order of 100 up to a maximum of 500 in units of 100.
Standard Delivery - £10 • Standard Scottish Islands - £22.
Health inequalities elearning plans

• 2 existing elearning modules:
  • Health literacy on The Health Literacy Place
  • Health inequalities on NHS Health Scotland’s VLE (need a log in)
• Proposed new elearning module: health literacy and health inequalities
• Timescale: summer 2018
• Your help: peer review: May/June